

The Penn State IFC/Panhellenic Dance Marathon



Dancer Registration Packet 2010

Welcome to Dancer Registration!

We would like to be the first to congratulate you on a great job with all your fundraising efforts! You are an integral part of the largest student-run philanthropy in the world. THON Weekend will be one of the most memorable times of your college career and we are happy that you are going to be sharing it with us.

The following pages of this packet are designed to begin the registration process for dancing in THON 2010. As well, there are guides to provide you with any additional information you might need regarding pass lists, security, and Mail Call for THON.

If you have any questions, comments, or concerns direct them to one of us. We are all in this together to have a great time for a great cause...good luck, be excited, and remember Love Belongs Here!

For The Kids,
Rules and Regulations Dancer Registration Captains THON 2010

Lauren Kay, Rules and Regulations Overall
rules.regulations@thon.org

Jonathan Talarek and Katie McKenzie
dancer.reg@gmail.com

DANCER REGISTRATION FAQs

When is Dancer Registration?

- In order to have a chance to be a dancer in THON 2010, you are required to complete **Online Pre-Registration on THINK** (www.think.psu.edu) between January 10th, 2010 and January 25th, 2010. Additionally, you must attend the **in-person Dancer Registration** event **between 7:00pm and 10:00pm** on your required night in 129 HUB as follows:
 - **February 1st, 2010** - Independent dancers and New Organization Couples
 - **February 2nd, 2010** - Independent Organization Couples
 - **February 3rd, 2010** - Greek Organizations and Commonwealth Campuses

Must I register online?

- Yes, if you do not register online (www.think.psu.edu) by January 25th, 2010 your organization forfeits any ability to have dancers.

Must I sign up for Dancer Registration Events?

- Yes, similar to Canning Drop Off you must register online through THINK. Please register by January 25th.

Must I bring anything to the Dancer Registration Event?

- Yes, please bring this completed Dancer Registration Packet (including EMS forms, dancer registration forms, and financial information), home-addressed & stamped envelopes, and your **non-refundable** registration fee of **\$65 per couple**. (NOTE: This fee is to help cover dancer expenses at THON and should be paid out of organization/personal funds, not funds raised for THON.) If you do not have all of the forms, you cannot complete registration.

Who must be present at the Dancer Registration Event?

- **Both members of the dancer couple** and **one THON Chair** must be present to register. If both members of the dancer couple are not present to register at the same time, then the registration process will not be completed.

What if my organization/independent dancer couple has not raised \$2,500 by February 1st?

- Then you/your organization **will not** have dancers in THON 2010. No exceptions.

If I am an independent dancer or new organization, when will I know if I get to dance?

- There will be a lottery drawing on the night of Wednesday, February 3rd, 2010. You will be notified by Thursday, February 4th, 2010.

Why does my organization have a different number of dancers this year than last?

- Dancers are allocated based on the amount of money raised for THON 2009. If you have a question, please contact the Rules & Regulations Overall at rules.regulations@thon.org.

Where can I find more information about dancer registration?

- Online in the THON Rulebook at www.THON.org under Students → Documents.

DANCER INFORMATION

There are **two mandatory meetings** and **one event** that all dancers are required to attend:

- **Dancer Meeting #1** is for dancers as well as organization THON Chairs and is set for **Wednesday, February 10th, 2010 at 7:00pm in the White Building**.
 - You will need to bring your medication bags that you will receive at Dancer Registration. We will also go over the details of THON Weekend and give you an idea of how to prepare. In addition, members of the Overall Committee will discuss how to develop good healthy habits to better prepare you for THON weekend.
- Following Dancer Meeting #1, there will be a **mandatory event, Color Wars Kick-Off**. This is set for **Wednesday, February 10th, 2010 at 9:00pm in the White Building**.
 - At this event dancers will have the chance to meet and get to know their moraler before THON Weekend.
- The **Pre-THON Kick Off Meeting** (also known as Dancer Meeting #2) will take place on **Friday, February 19th, 2010 at 3:30 pm in the Multi-Sport Indoor Facility** before the start of THON Weekend – **DO NOT BE LATE!**
 - At this meeting dancer bracelets will be distributed, the guidelines for the weekend will be reviewed and any questions will be answered. This will be a good time to stretch and prepare for the best weekend of your life! For The Kids!

Finally, we would like to invite you to attend the **Road-To-THON Celebration on Thursday, January 28th, 2010 at The Penn Stater Hotel and Conference Center**. This event will help fuel your excitement through the upcoming weeks as well as the actual weekend. Tickets will be made available in the THON office (210 HUB) on a first come first serve basis. Please check the THON website (www.THON.org) for future information about this event and other upcoming announcements.

DANCER TIMELINE

Penn State Dance Marathon 2010
February 19th, 2010 – February 21st, 2010

DATE	EVENT	TIME
January 10th – 25th, 2010	<u>Online Pre-Registration</u> All dancers MUST register and sign-up for an in-person registration timeslot. Location: www.think.psu.edu	
January 28th, 2010	<u>Road to THON Celebration</u> Location: The Penn Stater Hotel	TBA
February 1st, 2010	<u>Registration</u> Independent Dancers and New Organization Couples Location: 129 HUB	7:00-10:00 pm
February 2nd, 2010	<u>Registration</u> Independent Organization Couples Location: 129 HUB	7:00-10:00 pm
February 3rd, 2010	<u>Registration</u> Greek Organizations and Commonwealth Campuses Location: 129 HUB	7:00-10:00 pm
February 10th, 2010	<u>Dancer Meeting #1</u> Location: White Building	7:00 pm
February 10th, 2010	<u>Color Wars Kick Off</u> Location: White Building	9:00 pm
February 19th, 2010	<u>Dancer Meeting #2</u> Location: Multi-Sport Indoor Facility	3:30 pm
February 19th – 21st, 2010	<u>THON 2010!!!</u> Location: Bryce Jordan Center	6:00 pm

ONLINE PRE-REGISTRATION

Pre-registration is required for all dancers intending to participate in THON 2010 before the registration process can be complete. This **must be completed by 11:59pm on January 25th, 2010** in order to begin your registration process. Listed below are the steps required to complete your registration accurately and successfully.

1. Your organizations THON Chair must first log into the THINK website (www.think.psu.edu) where the chair will enter in the dancers' names and gender.
2. Dancers must then log into the THINK website where you will enter in your information and complete the questionnaire (this includes food allergies for HOSpitality, song requests for ENTertainment, etc). Please be very honest and specific with regards to such questions concerning food allergies, medications, and other medical needs in order to ensure your safety throughout the weekend.
 - This survey can be filled out **once** so all answers are final! If you find you have made a major mistake please contact the Technology Overall at technology@thon.org.
3. Next, the dancer couple must print out this Dancer Registration Packet and complete all information (including EMS forms, dancer registration forms, and financial information). Only the top half of the Financial Information form should be filled out. The second half of the form will be filled out by the Finance committee during registration. Only one packet is needed per couple.
 - **NOTE: Please be sure to read and follow the directions carefully, in order to ensure a quick and efficient registration!**
4. Bring the completed registration packet and your student ID to 129 HUB during your designated registration date and time.

MEDICATION REGISTRATION INSTRUCTIONS

What to register:

- **Any medication** that you **MUST** take during THON **must be registered** with the Office of Emergency Medical Services.
- You are not permitted to take any medications that have not been registered and given to you by the Emergency Medical Staff during THON Weekend.
 - This includes any prescription drugs that you are currently taking.
- Please **DO NOT** include any Tylenol, Advil, or TUMS as they will be provided upon request.
- Vitamins, herbals, and any over-the-counter medications are **NOT** to be included.
- **All forms of prescription birth control MUST be registered.**
- It is important that we have knowledge of any medications being taken, so that in the event any medical assistance must be given, conflicting types of medication are not used.

How to Register:

- Name, couple number and letter (Dancer A or B) must be on all labels.
- Each individual dose must be placed in a separate bag with its own label.
- The name of the medication must be on the label.
- The date and time that the medicine is to be taken must be on the label.
- “As needed” medications should be labeled as such.
- Inhalers and eye drops should be placed in a bag with the dates and times of the doses written on the label.
- You are not allowed to wear a watch, so it is important that the labels are filled out correctly so that you can receive your medication on time.
- Please indicate a time of your choice for morning or evening medications, and for those medications to be given after meals.
- Sunday after the end of THON, please come and pick up any remaining medical supplies from the medicine table.

Registration:

- Medication bags and labels may be picked up during Dancer Registration.
 - Extra will be available in the THON office (210 HUB) if needed.
- **Completed and filled bags are to be turned in at Dancer Meeting #1 on February 10th.**
- Any late additions and medications that need to be refrigerated may be turned in at Dancer Meeting #2 (Feb. 19th, immediately prior to THON) and **should be labeled “Refrigerate”.**

**Dancer
Registration
Forms**

COUPLE # _____

**Dancer EMS Form
Dancer A**

Name: _____
(Last) (First) (MI)

PSU ID #: _____

Age (at time of THON): _____

Sex: Male Female

Date of Birth (mm/dd/yyyy): _____

Local Address: _____

Local Phone: _____

Home Address: _____

Home Phone: _____

Medical Problems: Place a check mark next to any of the following if they pertain to your current or past medical history:

_____ ASTHMA _____ DIABETES _____ EMPHYSEMA _____ HEART PROBLEMS

_____ EPILEPSY _____ CONTACT LENSES _____ ALLERGIES _____ OTHER

If you checked any of the above, please explain: _____

Medications (List all medications that you are currently taking. This includes ALL prescription birth control. Include the medication, dose, and times.):

Please indicate with a check mark your preference for pain medication (check only one):

_____ TYLENOL _____ IBUPROFEN

COUPLE # _____

**Dancer EMS Form
Dancer B**

Name: _____
(Last) (First) (MI)

PSU ID #: _____

Age (at time of THON): _____

Sex: Male Female

Date of Birth (mm/dd/yyyy): _____

Local Address: _____

Local Phone: _____

Home Address: _____

Home Phone: _____

Medical Problems: Place a check mark next to any of the following if they pertain to your current or past medical history:

_____ ASTHMA _____ DIABETES _____ EMPHYSEMA _____ HEART PROBLEMS

_____ EPILEPSY _____ CONTACT LENSES _____ ALLERGIES _____ OTHER

If you checked any of the above, please explain: _____

Medications (List all medications that you are currently taking. This includes ALL prescription birth control. Include the medication, dose, and times.):

Please indicate with a check mark your preference for pain medication (check only one):

_____ TYLENOL _____ IBUPROFEN

COUPLE # _____

**Dancer Registration
Dancer A**

Name: _____
(Last) (First) (MI)

PSU ID #: _____

Local Phone: _____

Sex: Male Female

Local Address: _____

Email: _____

Partner's Name: _____

**List a local person that we can contact in case of an emergency
(Someone in the State College area with access to a car):**

Name: _____

Phone: _____

Address: _____

Relation: _____

Parent(s) Information for emergency contact:

Name: _____

Phone: _____

Address: _____

In consideration for the opportunity to participate in this event, which is co-sponsored by the Interfraternity and Panhellenic Councils and takes place on the premises of The Pennsylvania State University, I hereby release all parties and their employees and representatives from any and all liability for injuries or damages that I may sustain as a result of my participation in the Penn State IFC/Panhellenic Dance Marathon 2010. I also realize that any medical expenses incurred, as a result of my participation in this event, will be my sole responsibility. By my signature below, I hereby acknowledge that I am at least 18 years of age.

Dancer A: _____ (Signature)

COUPLE # _____

**Dancer Registration
Dancer B**

Name: _____
(Last) (First) (MI)

PSU ID #: _____

Local Phone: _____

Sex: Male Female

Local Address: _____

Email: _____

Partner's Name: _____

**List a local person that we can contact in case of an emergency
(Someone in the State College area with access to a car):**

Name: _____

Phone: _____

Address: _____

Relation: _____

Parent(s) Information for emergency contact:

Name: _____

Phone: _____

Address: _____

In consideration for the opportunity to participate in this event, which is co-sponsored by the Interfraternity and Panhellenic Councils and takes place on the premises of The Pennsylvania State University, I hereby release all parties and their employees and representatives from any and all liability for injuries or damages that I may sustain as a result of my participation in the Penn State IFC/Panhellenic Dance Marathon 2010. I also realize that any medical expenses incurred, as a result of my participation in this event, will be my sole responsibility. By my signature below, I hereby acknowledge that I am at least 18 years of age.

Dancer B: _____ (Signature)

COUPLE # _____

Financial Information

Please Fill Out Before Arriving at Dancer Registration:

Organization(s) Name: _____

Organization #(s): _____

Dancer Couple Names (2):

A: _____

B: _____

To Be Filled Out by Finance at Dancer Registration:

Required \$2,500 minimum: _____

Amount of Cash or Checks Received at Dancer Registration: _____

Processing Fee \$65 **PER COUPLE**: _____ Paid: Cash / Check / ASA Transfer

Signature: _____

Date: _____

MAIL CALL INFORMATION

As a dancer for THON 2010 you will be rewarded with one of the most memorable and life-changing experience of your life! Everyone in the THON community is extremely proud of your hard work to receive this honor. Congratulations! As Morale Captains, it is our duty to ensure that you stay happy and motivated throughout THON weekend. One event that provides inspiration and motivation at THON is Mail Call. During Mail Call all of you as dancers will be receiving letters and packages from your family, friends and other supporters. In addition to THON packages, supporters may also send you pre-THON packages, which are items you will receive at the start of THON that will be useful throughout the weekend (i.e. toys and games). These items of love will be extremely helpful in your THON journey. They will remind you why you are dancing and show you that all of your efforts are truly For The Kids.

To guarantee that you will receive mail we need to notify your loved ones about Mail Call and THON. To do this we need your help! First, while registering online please enter the email addresses of the people closest to you in the appropriate fields. The more email addresses you provide, the more mail you will potentially receive. Second, please bring stamped envelopes addressed to the people you want mail from THON Weekend to Dancer Registration. We will use those envelopes to send information out to your loved ones about Mail Call. You may bring as many as you wish! Lastly, you must provide a stamped envelope addressed to your home; special letters will be sent to your parents regarding Mail Call. We promise that the information will get to your family and friends so you receive mail when needed most. For your convenience your supporters can also drop off mail to 324 HUB from January 18th through February 12th. February 10th is the final date for all postmarked mail and February 12th is the final date for mail handed in to 324 HUB, any mail delivered after these dates will be distributed after THON.

Good luck, be excited, and remember LOVE BELONGS HERE!

For the Kids,
Morale Mail Call Captains THON 2010

Liz Cartwright
lkc5014@psu.edu

TJ Daniels
Tjd5048@psu.edu

Mail Call Address:

Attn: Mail Call
Dancer's Number (i.e., 21A)
Dancer's Name (i.e., Joe Schmo)
210 Hetzel Union Building
University Park, PA 16802

PASS LIST INFORMATION

Please read this memo very carefully. Several important guidelines concerning pass lists and pass distribution are listed below. It is crucial that you understand how floor passes will work during THON 2010 if you wish to utilize yours to the fullest.

1. For complete dates and information regarding pass entrances, etc. please check the announcements section of the THON website (www.THON.org). All deadlines and any changes will be posted there.
2. All pass lists must be submitted through THINK (www.think.psu.edu). In order to avoid problems during THON Weekend, it is pertinent to follow submission instructions very carefully. Instructions can be found on your start page in THINK. Pass lists that are submitted using an improper format will NOT be accepted.
 - **Please input an email address for all on your pass lists with email access.**
 - **Please note which members of the pass list is family and which are not.**
3. Pass submission begins on January 10th, 2010.
4. Dancers are responsible for ensuring that your pass lists are complete and submitted to the Rules and Regulations Pass Team by 11:59 pm on February 7th, 2010 through THINK. Dancers are encouraged to work in conjunction with their THON Chair to compile this list accurately and submit it on time. No additions, corrections, or deletions will be allowed after the deadline has passed.
 - Most importantly, **NO LATE LISTS WILL BE ACCEPTED!**
 - Dancers must make sure that their pass lists are submitted on THINK. No hard copies will be taken.
5. Issues with friends, parents and/or relatives who do not understand the rules concerning pass distribution will not be tolerated. It is the dancer's responsibility, along with the THON Chair, to ensure that his/her family members and/or friends are well aware of the specific rules concerning the distribution and availability of passes.
 - Frequently Asked Questions will be sent via email to the visitors of THON if an email address is provided. We strongly advise dancers to tell their pass list members to read through this document, to assure they know what to expect THON Weekend.
6. Your pass list should include anyone who might wish to visit you on the floor. Each dancer will receive a maximum number of **40 spots** to add to their list. Thus each dancer pair will receive **80** total spots. Make sure that your family and friends do not plan any surprise visits. Those not on a pass list will not be granted floor access. No exceptions.

7. Note that the THON Rules and Regulations Overall and Captains reserve the right to not grant access to the floor. We also reserve the right to suspend all of an organization's floor passes for a time period based on our own discretion. The following are examples of behavior to cause pass revocation. If any organization is seen:
- Visibly intoxicated or bringing alcohol into the Bryce Jordan Center
 - Excessively throwing objects from the stands to the floor and vice versa
 - Stealing, trading, duplicating or passing passes
 - Attempting to gain floor access with a photo ID other than one's own

NOTE: This list is not comprehensive. Final judgments lie with the Rules and Regulations Overall and Captains. Please bring this to the attention of your organization as their actions have the ability to penalize you.

If there are any questions, comments, or concerns, direct them to one of the following captains.

For The Kids,
Rules and Regulations Pass Team Captains THON 2010

Danielle Weil
Danielle.M.Weil@gmail.com

Derek Deibert
derekdeibert@gmail.com

Daniel Feuerbach
dmf5067@psu.edu

Donnell Giles
dig5028@psu.edu

Kelsey Ratesic
kratesic@gmail.com

Kelly Sacharczyk
Kms5266@psu.edu

Dave Tompeck
dave.tompeck@gmail.com

IMPORTANT SECURITY INFORMATION

1. No alcohol or drugs in the Bryce Jordan Center.
 - This is a policy of both THON and the Bryce Jordan Center. Any spectator under the influence of a substance will be asked to leave the premise immediately.
2. No sitting anywhere in the Bryce Jordan Center.
 - Spectators are extremely important to all of our dancers. Dancers stand for 46 hours, so always standing while inside of the Bryce Jordan Center will help to keep their morale up.
3. No standing on the seats, in the aisles, and in the portals of the Bryce Jordan Center.
 - This is for the spectators' safety and the other spectators around you. Standing in the aisles and in the portals is a fire hazard.
4. No throwing of objects in the Bryce Jordan Center, other than when on the floor with dancers.
 - This is for the safety of everyone at THON; as well as keeping technological equipment from being damaged.
5. No dancers on the Concourse level of the Bryce Jordan Center.
 - Dancers should not leave the floor of the Bryce Jordan Center. If a dancer is seen wandering around the Concourse level, please find a Captain immediately.
6. Passes are required for the general public to access the floor.
 - Please check on at the Pass tables at Portal 14 with your photo ID if you want to access the floor.
 - Make sure you keep your pass visible and around your neck while on the Event level.
7. Passes are not permitted on the Concourse level.
 - When exiting the Event level with your pass, please return to the Pass tables to check off and reclaim your ID before returning to the Concourse level.
8. Elevator access is for handicapped pass holders or committee members only.

NOTE: If anyone is found violating the aforementioned rules, please be aware you will be held accountable for your actions. Such actions can include a verbal warning, suspension of a dancer's or organization's passes, or expulsion from THON 2010.

If there is a safety concern or issue, please locate the nearest Rules and Regulations Captain or Committee Member! We're here to help and would be happy to answer any questions you have.